

Men's Group

All TCORE men are welcome
to join!

**Every Thursday*

11:30-12:30

Group Facilitator: Kelly Tupper

(916)480-1801 ext 2033

:Possible Topics Include:

- ~Ambitions & Barriers*
- ~Grief & Feelings*
- ~Relationships*
- ~Employment*
- ~Marriage & Divorce*
- ~Money Management*

Topics are open for discussion, please bring your ideas!



*healing through insight
and compassion*