

This program is funded by the:



Division of Behavioral Health Services

## HRC VALUES



### We believe...

In the full enfranchisement of clients at all levels of the mental health system.

That clients should be represented on all policy making bodies, committees, governing boards and service delivery systems.

In client directed services. All services should be guided by and supportive of the goals of the clients served.

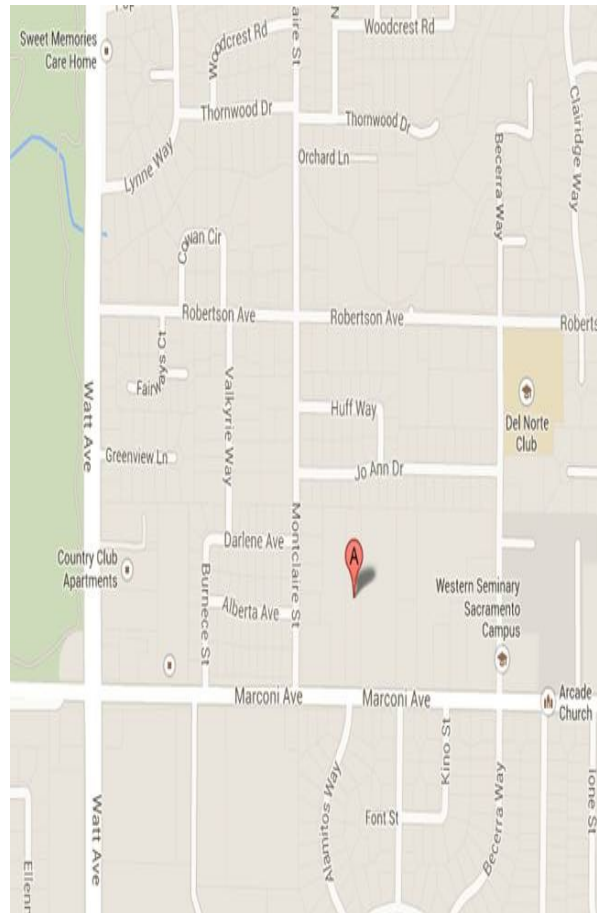
That services should be integrated, coordinated, flexible and comprehensive in order to respond to varied goals and preferences of clients served.

That programming needs to be able to address the goals of clients in area such as housing, income, employment, health, substance abuse, social support, family support, skill development and medication.

That programming needs to be responsive to the needs of family and families should have active roles in policy, program development and services delivery.

That HRC has responsibility for communication and coordination with other mental health and human service providers.

That programming should be responsive to the ethnic and cultural community it serves and that staffing and board membership should reflect that diversity.



# Human Resources Consultants

**PEOPLE HELPING PEOPLE**



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# PEOPLE HELPING PEOPLE

## ABOUT HRC'S SERVICES

HRC provides a comprehensive range of psychiatric, rehabilitation, advocacy and self help services for clients with psychiatric disabilities.

### Who HRC serves:

This program serves adults with serious and persistent psychiatric disabilities that live in the north-east areas of Sacramento County.

### Application and Fees to Access Services:

Call Sacramento County Adult Access Team at (916) 875-1055 or (888) 881-4881. Fees for services are charged to Medi-Cal and through a contract with Sacramento County Division of Behavioral Health.

### Location & Hours of Operation:

3727 Marconi Avenue

We are located three blocks east of Watt Avenue and are open Monday-Friday, 8:00 a.m. -6:00 p.m.

## SERVICE TEAMS

Each client is assigned to work with a service team and a psychiatrist to help them achieve their goals through a variety of groups and specialized services that include the following:

- Medication Support
- Housing Support
- Money Management
- Vocational Support
- Educational Support
- Benefits application assistance
- Individual/Group Counseling
- Services to Persons from Diverse Cultures
- Social Support Services
- Intensive Services for at Risk of Hospitalization

## ROLES AT HRC

Consistent with our values, clients/family members are involved in different roles within HRC such as:

### Staff Members

Many of our staff are persons who have been mental health consumers. Consumer/Family member employees occupy positions as managers, coordinators and rehabilitation specialists.

### Volunteer Members

Consumer volunteers provide peer support counseling, other direct client services and clerical support.

### Board Members

Consumers/Family members are actively sought for positions on the agency's Board of Directors.

